

Newsletter

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Term 1, Week 2

Principal's Report

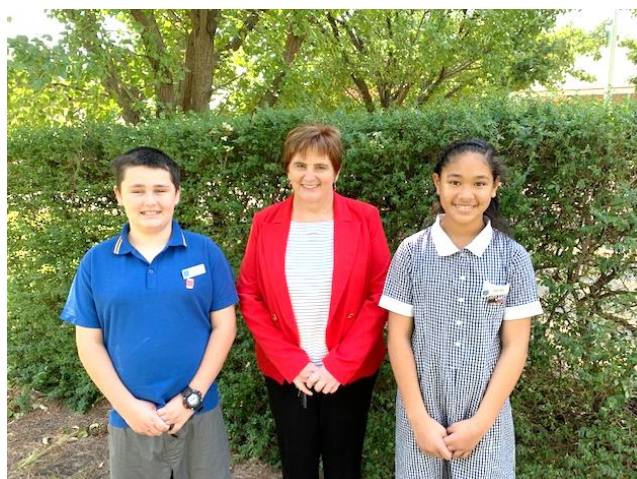
Welcome to Week 2! Congratulations to our 2020 Student Representative Council on their election. On Friday our Mayor, Mrs Ruth McRae attended a special assembly to officially induct Caleb A, Hamza, Teagan, Stella and Logan, into office along with our Captains, Tiana and Levi and House Captains, Jessica and Richard. Thank you Ruth for taking time out of your busy schedule to join us. Today our Director, Mrs Helen McRae visited to check in for the start of the year and welcome staff and students back to school.

There has been a small number of cases of confirmed Novel Coronavirus in NSW. The Ministry of Health has processes in place to identify any close contacts of cases confirmed in Australia. Advice about not attending school would be provided to these close contacts by the Ministry of Health. Consistent with current guidelines, staff and students who are unwell with respiratory illness should remain at home until symptoms resolve. In accordance with our current practice if any child becomes unwell we will implement our infection control guidelines and follow the advice provided by the Ministry of Health as appropriate. We will continue to monitor the situation closely and take advice received from NSW Ministry of Health and NSW DoE to ensure we are responding to the situation appropriately.

Attached to this week's newsletter is the DoE's *School Community Charter*. The charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure learning environments are collaborative, supportive and cohesive. It was developed in consultation with a range of stakeholders and outlines the important role parents and carers play in our school communities.

Best wishes to Logan E who is attending the Riverina Boys Cricket Pre-selections trials this afternoon at Tocumwal.

Have a wonderful week! *Nyree Taylor* Principal



School Community Charter

Collaborative. Respectful. Communication.

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 - 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to work in partnership to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We treat each other with respect

We prioritise the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.

Upcoming Events

Term 1

Week 2 – February

- Tue 4 Fun & Free Friendship program
 Finley Zone 5/6 Boys Cricket Trials
 4:30pm (Tocumwal Rec Reserve)
 P&C Meeting 7pm
- Thu 6 School Counsellor visiting
 Gymnastics (sports uniform required)
- Fri 7 Small Schools Swimming Carnival
 9:30am – 2pm (Yarrawonga)

Week 3 – February

- Mon 10 Ukulele
- Tue 11 Safer Internet Day
 Fun & Free Friendship program
- Fri 14 Sporting Schools begins – Cricket
 Life Education Van visiting



The following notes have been published on CareMonkey. Please ensure you respond before the due date.

- Student Medical Information
- 2020 General Consent
- 2020 General Permission to Publish
- 2020 Publication of Student's Work or Photographs in Local Media/Events
- 2020 Online services
- 2020 Permission to access Athletics
- Small Schools Swimming Carnival
- Life Education Van

This Week's Events (Week 2)

Fun and Free Friends Program Begins

Intereach will be facilitating a Fun and Free Friends program at JPS from Week 2 to Week 6 this term. The program was created to assist young children to build resilience, self-esteem and confidence and to learn important skills and techniques to cope with feelings. In this 4 session program we will look at –

- How our body gives us signals when overwhelmed or worried – 'body clues';
- How thoughts and feelings affect behaviour;
- Recognising how thoughts & feelings affects others;
- Strategies to be a better friend, so that we can build our social support network and feel happier; &
- Coping strategies to better handle difficult situations.

We thank all parents and carers for returning the Consent Form.

P&C Meeting Tonight

Our first P&C Meeting for the year will be held tonight at 7pm in the staffroom. All JPS families are invited to attend. This is a great opportunity for new parents and caregivers to learn more about school programs and have input into decision making.

School Counsellor Visiting

This year, Mr Michael Kruger-Davis is our Counsellor. Counsellors are primary or secondary teachers who have approved qualifications in psychology and school counselling. They work with students of all ages and their families, from K-12, providing valuable support and counselling and psychological assessment for students with specific needs. Their work activities may include counselling students, assessing students' learning and behaviour, helping families make informed decisions about their child's education, identifying impediments to students' learning and liaising with external agencies regarding students' wellbeing. Michael will make his first visit this Thursday 6th February. On this day, he will be completing a receptive language assessment with all K-2 students. Please phone the office if you would like to make an appointment with him.



Jerilderie Public School is a member of the BiJOu Learning Community

Student Profile

Name: Levi

Age: 11

Favourite Food: Pavlova

Favourite Drink: Gatorade

Favourite Colour: Blue

Favourite TV Show: Shooter

Favourite Movie: Harry Potter series

Favourite Holiday Destination: Queensland

Favourite thing to do: Go to the jump tree

Favourite Subject: Art

When I finish school I would like to: Sports Instructor

Three famous people you would like to have dinner with? Ice Cube, Vin Diesel & Nick Naitanui.



School Hours

8:40am- 9:10am- Playground supervision starts

9:10am - Morning session

11:10-11:30am - Recess

11:30-1:00pm - Middle session

1:00-1:50pm - Lunch

1:50-3:10pm - Afternoon session



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This Week's Events (Week 2) cont.

Gymnastics Catch Up Session

We are delighted to have Nicole Felmingham return to JPS on Thursday for a final gymnastics session courtesy of the Sporting Schools program. Please ensure students wear sports uniform.

Small Schools Swimming Carnival

This Friday, 7th February will see students aged 8 years and over compete in their first Small Schools sports event for 2020 – the Small Schools Swimming Carnival at Yarrawonga. Mulwala Public School is hosting this carnival and the program commences at 9:30am. Mrs Catherine Browning will be accompanying students on the day. Return transport to Yarrawonga will be by the Willawa Bus. Please see CareMonkey for further details.

Next Week's Events (Week 3)

Life Education Van Visiting

The Life Education Van is booked to visit JPS on Friday 14th February. Life Education Australia provides this mobile service with qualified deliverers teaching a positive and preventative drug and health education program which supplements our PDHPE programs. The cost of the visit is \$10 per student. Session topics are below.

K-2 My Body Matters – Focuses on the things students can do to keep themselves healthy – covering hygiene, nutrition, physical activity, and safety at home, school and in the community.

3-6 Mind Your Medicine – Develops students' understanding of medicines and their safe use, positive communication, strategies for managing conflict, stress and bullying and how feelings influence the choices that we make.



Week 1 in Review

Assembly

Merit Awards

- ❖ Amelia – Excellent effort and application during her first week of Kindergarten.
- ❖ Charlie – His cheerful approach to all his school work during his first week of Kindergarten.
- ❖ Lincoln – Enthusiasm and participation in set tasks in class during his first week of Kindergarten.
- ❖ Leon – Kindness to others and application to his school work during his first week of Kindergarten.
- ❖ Tye – Settling in well to his new school.
- ❖ Levi – Starting the year as a good role model as our School Captain.



Book Club Orders

Ashton Scholastic Book Club orders are due by Monday 17th February.
All orders need to be completed on line.
Please look on the back of the catalogue for the instructions.

Book Club



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Celebrate Attendance

Hints and Tips No 1: Responsibilities



Parent/s or caregivers are required – by law – to provide a written or verbal explanation to the Principal within seven days of any absence as to why their child was not at school.

It is important that the school receives a written or verbal explanation because:

- (1) It is a parent's legal obligation to explain their child's absence within seven days
- (2) It is a requirement that the school investigate all unexplained absences
- (3) It avoids the school and the School Attendance Officer from making unnecessary investigations
- (4) It is the way the school knows that your child was legitimately absent and not truanting from school

If you have any difficulties in providing a written explanation for your child's absence, please contact your school principal.



Missing school leaves gaps in your education

The simplest way

... to pack a healthy lunch box .

Does packing lunch boxes feel like a chore? We are here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy.

Healthy lunch boxes don't have to be boring.



We are very excited to bring you our new look [healthy lunch box website](#) that has been improved with new features and functions based on feedback provided by you! You can now search for gluten free and vegetarian recipes, as well as easy to freeze and quick and easy recipes because as parents, we know how important it is to pack lunches quickly.

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.

[Check out the new website now!](#)

healthylunchbox.com.au

READ

20 MINUTES A DAY



STUDENT A
reads at home

20
min/day

STUDENT B
reads at home

5
min/day

STUDENT C
reads at home

1
min/day

THEY WILL HEAR

1,800,000

282,000

8,000

WORDS PER YEAR

THEY WILL HAVE READ FOR

851

212

42

HOURS BY 6TH GRADE

AND ON STANDARDIZED TESTS,
THEY WILL LIKELY SCORE BETTER THAN

90%

50%

10%

OF THEIR PEERS

Source: <http://readbq.org/2014/11/19/read-20-minutes-day/>

Housekeeping

Working With Children Check

All parents and community members that work with children in any way (eg. sport) are required to obtain a Working With Children Check (WWCC) number. Please complete the online application form which can be accessed at: <http://kidsguardian.nsw.gov.au/check>

Too Sick for School

Attached to this week's newsletter is 'Too Sick for School?' Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your family doctor.



IGA Shopper Dockets

Please continue to support and shop at our local IGA. Keep your IGA dockets and place them in the box in the office to earn money for our school. It is now time to put in your January dockets. We thank you for your ongoing support of this fundraiser.



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Classifieds

SOUTH WEST MUSIC REGIONAL CONSERVATORIUM
2020 LIVE MUSIC SEASON OPENING
FEATURING CELEBRATED INTERNATIONAL MUSICIANS
TENZIN CHOEGYAL
WITH **AYAKO IKEDA** AND **TARO TERAHARA**
PERFORMING *Raga Shambhala*

A photograph of three musicians sitting on stone steps. On the left is a woman in a patterned dress holding a mridangam. In the center is an older man in a white shirt and pants holding a sarangi. On the right is a man in a black shirt and pants holding a bansuri.

FREE ENTRY
SUNDAY 9 FEBRUARY 2020
3PM-5PM - 73 COOINDA LANE, DENILIQUIN
THIS IS AN OUTDOOR EVENT - CHAIRS AND PICNICS WELCOME

SOUTH WEST MUSIC LIVE MUSIC EXPERIENCES ARE SUPPORTED BY...

A row of logos for supporting organizations: South West Music, IS21 2020, EDGE FM, DINO, Edward River, Ruffie, Brian McCleary & Co, Festival of Times, South West Arts, and NSW.

Raw water restrictions in Jerilderie

A close-up photograph of a single water droplet falling onto a blue, rippling surface, creating a small splash.

Murrumbidgee COUNCIL

No watering between the hours of 11.00 am to 6.00 pm daily.
This includes sprinklers and hand held watering.

Thank you for your understanding and helping to reduce water consumption.

Newsletter Advertisements

Any parents or community groups wishing to place an advertisement in the JPS Newsletter are asked to email it to the office

(jerilderie-p.school@det.nsw.edu.au)










by 3pm Fridays.

Any advertisements received after this deadline will go into the next newsletter.

Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.



Information provided by NSW Health.

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1/2

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	<div>  ... if they have symptoms. Contact your doctor before returning to school.  ... if they have a chronic infection (not the first outbreak) and no symptoms. </div>
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
Mumps	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
Runny nose or common cold		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 ... and tell the school as other parents will need to know to check their kids.

*It is important that the rest of the family is checked for head lice, scabies and ringworm



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2/2



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