

Newsletter

Email: Jerilderie-p.school@det.nsw.edu.au

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Phone: 03 5886 1331

Term 1, Week 3

Principal's Report

Welcome to Week 3! A fantastic day was had at the Small Schools Swimming Carnival on Friday. Our students embraced the day and are to be commended for the way they represented themselves and our school.

Congratulations to the following age champions on your excellent performances – Evan (Junior Boy), Logan (11 Year Boy), Tiana (Senior Girl) and Levi (Senior Boy). We also congratulate Savernake PS who won the Handicap Trophy.

We sincerely thank Laura Keech from Mulwala PS for organising this interschool sports carnival and all of the staff from attending schools for their assistance with duties on the day. We also thank the Willawa Bus Committee for providing return transport and Mr Bob Wray for driving.

A new policy governing student use of digital devices and online services has been released for implementation in NSW public schools from the start of Term 1, 2020. The policy is available at <https://education.nsw.gov.au/policy-library>.

The new policy includes the digital device restriction for primary schools announced by the NSW Government in December 2018. From the start of Term 1, 2020 primary schools will restrict the use of digital devices, including mobile phones during school hours. Primary-aged students will not be allowed to use digital technology during class time, recess and lunch unless for an educational purpose or where a student needs it for other reasons, such as an adjustment for disability or health care.

Schools are expected to update their existing school procedure or develop a new one during 2020 to reflect the new policy requirements in consultation with their community. I have completed a 'draft' of the policy and presented this at the P&C meeting last Tuesday evening. A copy of the policy can be found on our school's website. If you have any questions, please come and see me.

Have a wonderful week! *Nyree Taylor* Principal

2020 Small Schools Swimming Champions



Upcoming Events

Term 1

Week 3 – February

- Tue 11 Safer Internet Day
Fun & Free Friendship program
- Wed 12 **Life Education Payment due \$10 per child**
Canteen
- Fri 14 Sporting Schools begins – Cricket
Life Education Van visiting
3-6 11:30am – 1:00pm
K-2 2:00 – 3:00pm

Week 4 – February

- Mon 17 Ashton Scholastic Book Club Orders
due back
Ukulele
- Tue 18 Fun & Free Friendship program
- Wed 19 Canteen
- Thu 20
- Fri 21 Sporting Schools – Cricket

This Week's Events (Week 3)

Fun & Free Friendship Program Continues

Beris Strelec and Belinda Wilson from Interach returned to JPS today for the second session of the Fun and Free Friendship program. The program was created to assist young children to build resilience, self-esteem and confidence and to learn important skills and techniques to cope with feelings. In this 4 session program we will look at –

- How our body gives us signals when overwhelmed or worried – ‘body clues’;
- How thoughts and feelings affect behaviour;
- Recognising how thoughts & feelings affects others;
- Strategies to be a better friend, so that we can build our social support network and feel happier; and
- Coping strategies to better handle difficult situations.

Sporting Schools Begins

Our Term 1 Sporting Schools program commences this Friday 14th February 2020. Adam Gatum from Skillzone will be conducting two cricket sessions, one with K-2 and one with 3-6, in the morning. This program is being funded by the Federal Government and is Australia's largest school-based sports participation program to help foster a lifelong interest in sport.

CareMonkey

The following notes have been published on CareMonkey. Please ensure you respond before the due date.

- Life Education Van



Jerilderie Public School is a member of the BiJO Learning Community

Student Profile

Name: Tuqiri

Age: 7

Favourite Food: Chinese

Favourite Drink: Coke

Favourite Colour: Red

Favourite TV Show: The News

Favourite Movie: Aqua Man

Favourite Holiday Destination: Waterpark

Favourite thing to do: Play my tablet

Favourite Subject: Art

When I finish school I would like to: Police Officer

Three famous people you would like to have dinner with? Aqua Man and the Avengers



School Hours

8:40am- 9:10am- Playground supervision starts

9:10am - Morning session

11:10-11:30am - Recess

11:30-1:00pm - Middle session

1:00-1:50pm - Lunch

1:50-3:10pm - Afternoon session



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This Week's Events (Week 3) cont.

Life Education Van Visiting

The Life Education Van is booked to visit JPS this Friday 14th February. Life Education Australia provides this mobile service with qualified deliverers teaching a positive and preventative drug and health education program which supplements our PDHPE programs. The cost of the visit is \$10 per student. Session topics are below.

K-2 My Body Matters – Focuses on the things students can do to keep themselves healthy – covering hygiene, nutrition, physical activity, and safety at home, school and in the community.

3-6 Mind Your Medicine – Develops students' understanding of medicines and their safe use, positive communication, strategies for managing conflict, stress and bullying and how feelings influence the choices that we make.



Next Week's Events (Week 4)

Ukulele Lessons Continue

Years 3 – 6 students are enjoying their ukulele lessons on Mondays with tutor, Mr Chris Bodey from South West Music. Each student has been assigned a ukulele to use. They are encouraged to take their instrument home each week and practice. Please help your child to remember to pack their ukulele on Monday mornings to ensure they are ready for the lesson.



Week 2 in Review

Small Schools Swimming Carnival



P&C News

Canteen

Jerilderie Public School **Summer Canteen Menu**

Term 4 2019

Hot Food	
Ham & Cheese Pizza	\$2.50
Toasted Ham & Cheese Sandwich	\$2.50
Toasted Chicken & Cheese Sandwich	\$2.50
Toasted Ham, Cheese & Mayo Wrap	\$3.00
Toasted Chicken, Cheese & Mayo Wrap	\$3.00
Sandwiches	
Lettuce, Tomato & Cheese Sandwich	\$2.00
Ham, Lettuce, Tomato & Cheese Sandwich	\$3.00
Chicken, Lettuce, Tomato & Cheese Sandwich	\$3.00
Wraps	
Ham, Lettuce, Cheese & Mayo Wrap	\$3.00
Chicken, Lettuce, Cheese & Mayo Wrap	\$3.00
Snacks	
Popcorn	\$1.00
Fresh Fruit (seasonal)	20c
Quelch 99% Fruit Juice Ice Block (Apple, Mango, Blackcurrant, Tropical & Orange)	50c
Drinks	
Water (plain, still)	\$1.00
Strawberry Milk (250mL)	\$2.00
Chocolate Milk (250mL)	\$2.00
99% Orange Juice (220mL)	\$2.00
99% Apple Juice (200mL)	\$2.00
99% Apple & Blackcurrant Juice (200mL)	\$2.00

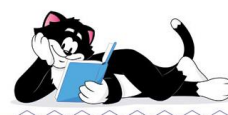
Jerilderie Public School Parents & Citizens Association

Book Club Orders

Ashton Scholastic Book Club orders are due by Monday 17th February.

All orders need to be completed on line. Please look on the back of the catalogue for the instructions.

Book Club



Newsletter Advertisements

Any parents or community groups wishing to place an advertisement in the JPS Newsletter are asked to email it to the office

(jerilderie-p.school@det.nsw.edu.au)

by 3pm Fridays.

Any advertisements received after this deadline will go into the next newsletter.



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Celebrate Attendance

Hints and Tips No. 2: Teaching good habits



It is important for parents to make attending school a priority.

Allowing children days off for birthdays, to look after younger children, to go shopping, to keep you company or because they were tired from a late night, not only sends the wrong message to your child, it is also against the law.

Children who get used to having days off school for these kinds of reasons develop an attitude that their attendance at school is not very important. This can become a big issue as a child gets older.

Teach your children that being on time is important. Children that are often late to school miss the part of the school day when the teacher explains new activities. The beginning of the day is also when many students are freshest and can concentrate better.

Students that are late on a regular basis may become the target for comment by other students and often as a result isolate themselves from their peers.



Missing school leaves gaps in your education

The simplest way

... to make healthy drinks interesting.

Plain tap water is the best drink choice. It's cheap and quenches your thirst. However, if you're looking for something different here are some good options:

- Plain milk
- Sparkling water
- Milk blended with fruit of your choice for a delicious filling smoothie
- Water flavoured with slices of lemon, strawberries or mint



Try to avoid sugar sweetened drinks such as soft drinks, iced tea, flavoured water and fruit drink as they do not contain any nutrients our bodies need but add a lot of kilojoules which can lead to weight gain. If having juice, have only a small serve and consider diluting with water or ice.

healthylunchbox.com.au

How can I help my
child **SUCCEED** in
school?

Stay involved and feel free to
contact your child's teacher
with any questions or
concerns.

Ask your children
about school and
encourage them to talk
about their day.

Do not talk negatively
about your child's
teacher or school.

**Read with your
child every night.**

Make sure your child is getting plenty of
sleep and is ready for school each day.

**Help your child
with his/her
homework
every night.**

Teach your children to
be responsible for
their actions and their
schoolwork.

fun-in-front.blogspot.com

Housekeeping

Questions or Concerns

If you have any questions or concerns about what is happening at school, please don't hesitate to phone the office or call in and see either your child's teacher or the principal. Often small issues can be quickly resolved and we can't take steps to resolve an issue if we aren't aware of it. We look forward to working with all parents to help all of our students achieve their best in 2020.

Working With Children Check

All parents and community members that work with children in any way (eg. sport) are required to obtain a Working With Children Check (WWCC) number. Please complete the online application form which can be accessed at: <http://kidsguardian.nsw.gov.au/check>

IGA Shopper Dockets

Please continue to support and shop at our local IGA. Keep your IGA dockets and place them in the box in the office to earn money for our school. It is now time to put in your January dockets. We thank you for your ongoing support of this fundraiser.



ALL STARS MARTIAL ARTS ACADEMY



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Claim your \$100 Active Kids voucher with us!

Weekly Classes For All Ages in Deniliquin & Finley

www.allstarsdefence.com.au



Classifieds



Join us in 2020

COLEAMBALLY <i>at the Coly Club</i>	JERILDERIE <i>at the Jerildeire Gym</i>
Tuesdays	Wednesdays
5 to 8 yrs 4pm	3-4 yrs 4.30pm
9 to 12 years 4.45pm	5 to 8yrs 5pm
13 to 14yrs 5.30pm	9 to 12 yrs 5.45pm
Ladies 6pm	13 to 14yrs 6.30pm
	Ladies 7pm

Begins 11th and 12th February

Affordable low impact dance sport for girls and ladies of all abilities.

Structured routines that increases posture and core strength, balance and coordination, flexibility and grace

Empowering girls and women by building self confidence, resilience and self esteem.

facebook.. Murrumbidgee Physie
mobile.. Rebecca - 0455 269 294 email.. becboag@gmail.com



Parent-Child Mother Goose Program

Enjoy an hour of rhymes, songs and stories with your child.
Learn new parenting techniques
Meet other parents

Free for parents and children

When: Every Thursday, 10am, starting 13 February 2020

Where: Jerilderie Multi-Purpose Room, Southey St, Jerilderie NSW 2716

For further information:
Tammy: 1300 619 379, Mobile 0429 129 613
Sharon: 03 5890 6201, Mobile 0429 500 235

Please bring along a piece of fruit





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