

# ANTI-BULLYING PLAN 2022

## Jerilderie Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

#### Resources

The NSW anti-bullying website (see: <a href="https://antibullving.nsw.gov.au/">https://antibullving.nsw.gov.au/</a>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

## Jerilderie Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics		
Feb/T1 2022	Behaviour code for students		
T1-4 2022	Second Step program implemented		
Mar/T1 2022	National Day of Action Against Bullying and Violence		
T3 2022	Introduction of ClassDojo app to foster positive student behaviour		

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning			
Feb/T1 2022	Second Step - scope and sequence reviewed			
T2 2022	Building our knowledge of behaviour - Delivery Support PL series (Weeks 2 - 9)			
T3 2022	Anti-bullying Plan and teacher's responsibilities			
Oct/T4 2022	Behaviour and Inclusion PL - delivered by Jenni Wall (Learning and Wellbeing Coordinator)			

#### 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

New temporary and casual staff are informed of the school's approaches to bullying and behaviour management by the principal during induction to the school. When they enter on duty, they are shown where copies of the school's Wellbeing Policy and the Award System are located. Class expectations together with rewards and consequences are displayed in classrooms across the school. Teachers are encouraged to issue Class Dojo points for 'Teamwork', 'Helping others', 'Following instructions', etc.

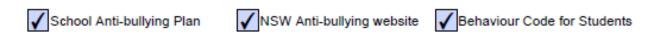
## 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.



## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
T1-4 2021	Parent-teacher interviews - specific behaviours and concerns addressed
T1 2022	P&C meeting - Defining student bullying and school supports
T4 2022	Wellbeing policy - Policy revised in consultation with key stakeholders and distributed to parents/carers
T4 2022	eSafety Parent Guide to Digital Technologies and Mental Health webinar

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

The Second Step program is implemented K-6. Students engage in lessons encompassing five themes - Empathy and communication, Bullying prevention, Emotion management and coping, Problem solving, goal setting and decision making, and Substance abuse prevention. The program helps to reduce bullying by improving social skills, increasing friendships and positive peer relations and increasing assertiveness skills. Specific skills related to personal safety, resilience and protective behaviours are also taught during PDHPE units. In addition, all students participate in the annual Life Education Van program and Joffa's Toonschool which boosts self-esteem and self-confidence, and promotes respectful relationships, resilience and growth mindset. Each year, students also participate in Cyber Safety sessions conducted either online (eg. Safer Internet Day webinars hosted by the eSafety Commission; Years K-2 Ollie Online an Online Safety & Digital Citizenship; Years 5 & 6 Habits of Safe Digital Citizens Digi-cursion; etc) or by our Police Youth Liaison Officer. Students are rewarded for positive behaviour choices via Class Dojo and are acknowledged at assemblies and in the weekly newsletters.

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